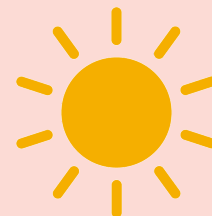


# BEAT THE HEAT

## OKC Cooling Stations

Find respite during hot summer temperatures at the following locations:



Ronald J. Norick Downtown Library  
300 Park Ave.  
405-231-8650  
M-TH: 9 a.m. - 9 p.m., F: 9 a.m. - 6 p.m.,  
SAT: 9 a.m. - 5 p.m.,  
SUN: 1 p.m. - 6 p.m.

Downtown Branch YMCA  
1 NW 4th St.  
405-297-7700  
M-F: 5 a.m. - 9 p.m., SAT: 7 a.m. - 5 p.m.,  
SUN: 1 p.m. - 5 p.m.

YMCA Healthy Living Center  
5520 N. Independence Ave.  
405-297-7717  
M-F: 5:30 a.m. - 9 p.m., SAT: 7 a.m. - 5:30 p.m.,  
SUN: 1 p.m. - 5:30 p.m.

Wright Library  
2101 Exchange Ave.  
405-235-5035  
T-TH: 9:30 a.m. - 5:30 p.m.,  
F-SAT: 9 a.m. - 5 p.m.

Faith Memorial Baptist Church  
3117 N. Kelly Ave.  
405-427-6092  
M-F: 10 a.m. - 4 p.m.,  
SUN: 8 a.m. - 12:30 p.m.

Crossings Community Center and Clinic  
10255 N. Pennsylvania Ave.  
405-749-0800  
M-F: 9 a.m. - 5 p.m.

Belle Isle Library  
5500 N. Villa Ave.  
405-606-3580  
M-TH: 9 a.m. - 9 p.m., F: 9 a.m. - 6 p.m.,  
SAT: 9 a.m. - 5 p.m.,  
SUN: 1 p.m. - 6 p.m.

Northwest OKC Library  
5600 NW 122nd St.  
405-606-3580  
M-TH: 9 a.m. - 9 p.m., F: 9 a.m. - 6 p.m.,  
SAT: 9 a.m. - 5 p.m.,  
SUN: 1 p.m. - 6 p.m.

North Side YMCA  
10000 N. Pennsylvania Ave.  
405-751-6363  
M-TH: 5 a.m. - 9 p.m., F: 5 a.m. - 7 p.m.,  
SAT: 7:30 a.m. - 3 p.m.,  
SUN: 1 p.m. - 5 p.m.

Homeless Alliance Day Shelter  
1729 NW 3rd St.  
405-415-8410  
Daily: 6:30 a.m. - 4 p.m.

Capitol Hill Library  
327 SW 27th St.  
405-634-6308  
M-TH: 9 a.m. - 9 p.m., F: 9 a.m. - 6 p.m.,  
SAT: 9 a.m. - 5 p.m.,  
SUN: 1 p.m. - 6 p.m.

Earlywine Park YMCA  
11801 S. May Ave.  
405-378-0402  
M-TH: 5 a.m. - 10 p.m., F: 5 a.m. - 7 p.m.,  
SAT: 7 a.m. - 4 p.m.,  
SUN: 1 p.m. - 5 p.m.

Ralph Ellison Library  
2000 NE 23rd St.  
405-424-1437  
M-TH: 9 a.m. - 9 p.m., F: 9 a.m. - 6 p.m.,  
SAT: 9 a.m. - 5 p.m.,  
SUN: 1 p.m. - 6 p.m.

Warr Acres Library  
5901 NW 63rd St.  
405-606-3521  
M-TH: 9 a.m. - 9 p.m., F: 9 a.m. - 6 p.m.,  
SAT: 9 a.m. - 5 p.m.,  
SUN: 1 p.m. - 6 p.m.

Rockwell Plaza YMCA  
8300 Glade Ave.  
405-621-5858  
M-TH: 5 a.m. - 9 p.m., F: 5 a.m. - 8 p.m.,  
SAT: 7 a.m. - 5 p.m.,  
SUN: 1 p.m. - 5 p.m.

Southern Oaks Library  
6900 S. Walker Ave.  
405-631-4468  
M-TH: 9 a.m. - 9 p.m., F: 9 a.m. - 6 p.m.,  
SAT: 9 a.m. - 5 p.m.,  
SUN: 12 p.m. - 6 p.m.

Day Living Center South  
1681 SW 86th St.  
405-688-5388  
M-F: 7 a.m. - 5:30 p.m.

Rockwell Crossing YMCA  
12100 N. Rockwell Ave. (STE 6)  
405-728-9622  
M-TH: 6 a.m. - 9 p.m., F: 6 a.m. - 8 p.m.,  
SAT: 7 a.m. - 4 p.m.,  
SUN: 1 p.m. - 5 p.m.



## Safety Tips\*

**Stay hydrated with water, avoid sugary beverages**

**Stay cool in air conditioned area if possible**

**Wear lightweight, light-colored, loose-fitting clothes when outdoors**



source: [www.cdc.gov/extreme-heat/prevention/index.html](https://www.cdc.gov/extreme-heat/prevention/index.html)