

OKC Parks Youth Basketball Rules and Regulations

2018-2019



ADMINISTRATION:

The Youth Basketball Program is supervised by OKC Parks. Decisions rendered by OKC Parks are final. Official Basketball rules as established by USA Basketball apply except where superseded by the following Youth Basketball Program Rules.

COACHES:

1. Coaches, above all, will have the safety and welfare of each child as his/her main objective.
 2. Coaches must have a reasonable knowledge of the game.
 3. Coaches shall act as an example of good conduct and sportsmanship to his/her team in all league matters.
 4. Emphasis of the program shall be to participate, enjoy and learn the fundamentals and skills of basketball within an environment of fair play.
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TEAMS:

1. Age divisions for boys' and girls' leagues shall be established by OKC Parks.
 2. Minimum number of players per team shall be 7 for all divisions. Incomplete teams will be filled to the minimum of 7 players by the Program Coordinator.
 3. Players must submit a player contract with their registration form and fee, properly signed by a parent or guardian, prior to participation in league. Parents Code of Ethics must also be signed before the first game of the season.
 4. There shall be no food or drink allowed in any gymnasium during practices or games. The only exception is water bottles.
 5. Parents and children that are not participating in games must remain on or around the bleachers. Children not playing will not be allowed to run around the gym.
 6. No smoking, drugs, or alcohol permitted on OKC Parks property.
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UNIFORMS & EQUIPMENT:

1. Required uniform consists of a jersey with number on back furnished by the league or team. Players' names may appear on the uniforms at the cost of the parent(s), no additional printing shall be on the jerseys. Team uniforms shall be of the same color. Players must be in uniform to participate.
2. Gym shoes are to be worn. No street shoes allowed.
3. Jewelry of all types is prohibited. The only exception to this rule is pierced earrings which cannot be removed. If worn, the earrings must have tape over them.
4. Game balls shall be supplied by the league. All Divisions will play with the following basketballs; 6U - 8U: 27.5", 10U-12U: 28.5".
5. Goal heights will be as follows: 6U - 8U will play at 8 foot goals and all other divisions will be 10 foot goals.
6. 6U - 8U: Arm bands will be provided for defensive assignments. Coaches will match-up players based on size and skill level. Arm bands may only be changed at the beginning of a quarter or after substitutions.

GAME TIME:

1. Games will start promptly as scheduled. A team must have 4 uniformed players to start a game and must have 4 uniformed players to complete a game. A 10 minute grace period is allowed from scheduled starting time. If a team does not have five uniformed players after the 10 minute grace period, an automatic forfeit will occur.
2. The referee's watch is official.
3. All teams must play on assigned dates. Failure to do so is an automatic forfeit. Games may be rescheduled at the discretion of OKC Parks.

PLAYING TIME:

1. 6U Games will consist of four 6 minute quarters. 8U-12U will consist of four 8 minute quarters. A continuous clock will stop the last minute of each half. There will be intermissions of 1 minute after the 1st and 3rd quarters and 3 minutes between halves.
 2. All divisions- 2 minute running clock overtime; if the score remains tied after overtime then the game is over.
 3. If a team is 20 or more points ahead the clock will run the whole fourth quarter.
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TIME-OUTS:

1. Each team is entitled to 2 charged time-outs per half during a regulation game. During each extra period, each team is entitled to one time-out. Time-outs cannot be carried over from half to half or 2nd half to overtime.
2. A single charged time-out shall not exceed 1 minute.

GAME CANCELLATIONS:

1. Games that have been canceled by OKC Parks shall be rescheduled at the discretion of OKC Parks.
2. Games may be played with one official.

PLAYING REQUIREMENTS & SUBSTITUTIONS

1. All players in uniform will play a minimum of one full quarter in each half of the game. The minimum playing requirement does not apply in case of injury -should a player be removed from the game due to injury, that partial quarter counts as a quarter toward fulfilling the player participation requirement.
2. It is the decision of the official(s) as to when a player removed from the game due to injury will be allowed to re-enter the game. Their decision will be determined by the seriousness of the injury.
4. No player shall play four complete quarters except as may be necessary to field a team due to cases of illness, player shortage, injury or foul-outs.
5. Substitutions are allowed on any dead balls. 6U - Clock will be stopped at 3 minutes into each quarter to make substitutions.
6. Failure to obey these rules may result in forfeiture of the game.

PRACTICE & ATTENDANCE:

Practices are an important part of youth recreation programs, but cannot be made mandatory. It is usually not the child's fault when they miss practices and the child shouldn't be punished by not playing. If a player on your team is consistently absent from practice without an excuse, try to talk to the parents and see why the child hasn't been at practice. If it continues to be a problem, make sure the program coordinator is aware of it.

GAME PLAY:

1. 12U will be allowed to play USA Basketball Rules (i.e. trap, double team, man-to-man, zone, etc.) The league recommends, especially to the younger divisions, they attempt playing man to man for player development purposes.
2. Full court press allowed as follows:
 - 6U - 8U - No full court press allowed.
 - 10U - 12U: Full Court press allowed during the fourth quarter only. During full court press players can play regulation USA Basketball Rules (trap, double team, man-to-man, zone, etc.). If a team is ahead by 25 points or more, that team may not press. Violations of the full court press rule may result in a technical foul being assessed to the bench.
3. A coach will be allowed to come up off the bench to provide instruction to players in a constructive manner. Coaches are not allowed to come up off the bench to argue a call or in any manner harass the official(s).
4. The free throw line for 6U - 10U League's will be at 14'. A line will be marked on each end of the court.
5. Once the ball has been brought over the half court line, or spike line in some gyms, (either by pass or dribble) the defense may now pick up their offensive player (man on man defense only).
6. Free throws: 1-point; All field goals: 2-points; No 3-point field goals for 6U-10U. 3-point field goals awarded to 12U outside of the 3-point arc.
7. Unless the gym is closed for school functions, practices are cancelled at the coaches' discretion.
8. In case of inclement weather on game days, call 405-316-6837, or visit teamsideline.com/okc.

SPORTSMANSHIP:

Team members, coaches and spectators shall exhibit appropriate behavior towards other players, officials, league staff and spectators. Unsportsmanlike conduct from team members and/or associates, including spectators, will result in one or more of the following:

- 1) Player, coach or spectator ejection from the game.
- 2) Player, coach or spectator ejection from the league.
- 3) Player, coach or spectator suspension.
- 4) Forfeiture of game.

During the game, the officials have the authority to eject players, coaches or spectators. Anyone that is ejected from a game will be suspended a minimum of one game. OKC Parks has the final authority on determining the duration of the suspension or other penalty. Any player, coach or spectator ejected from a game must leave the gymnasium. Failure to do so may result in the forfeit of game.

PROTESTS:

Officials' decisions in all matters are final. There shall be no protests except in cases of violation of the minimum playing requirements. Intent to protest must be so noted in the score book by an official at the request of the coach following the conclusion of the game. The protest must then be reported to the Parks and Recreation Department by the protesting coach the next working day. Report may be made in person or by email or phone.

TEAM RESPONSIBILITIES:

1. Home team will be listed first on the game schedule.
 2. Home team shall provide the timekeeper. Visiting team shall provide the bookkeeper.
 3. The Parks & Recreation Department shall provide a gym supervisor who will have the official score books, time clock, keep games running, keep non-participating children off the gym floor, handling confrontations etc.
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AWARDS:

All players in the Youth Basketball Program shall receive a participation award.

RULES ADAPTED FROM USA BASKETBALL GUIDELINES

For more information contact the League Director.
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